

# **What To Know About Cumberland County**

## **A Guide to Human Services**

**Revised: June 8, 2021**

*\*Due to COVID-19 restrictions, please contact the agency or organization ahead of time to make sure of their procedures and operations. This guide will be updated as needed to stay current with the changing of COVID-19 mitigation efforts.\**



**Prepared by:**

### **CUMBERLAND COUNTY HOMELESS ASSISTANCE PROGRAM**

**20 North Hanover Street – Suite 300  
Carlisle, PA 17013**

**Copies may also be obtained at our website: [www.ccpa.net/aging](http://www.ccpa.net/aging)**

*To update information for your agency or program, call Patrice Pickering 717-240-6117  
or Kellie Crawford at 717-240-6112*

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## **EMERGENCY SERVICES/HOUSING/INFORMATION & REFERRAL**

If you are experiencing homelessness, simply call 2-1-1 or 1-855-567-5341 toll-free for information, screening and referral. You can also contact Connect to Home by texting your zip code to 898-211 or by visiting the Connect to Home Access Site, located at Community CARES at 50 West Penn Street Carlisle, PA 17013.

**CONTACT HELPLINE** – 717-249-6226/717-652-4400/800-932-4616 - A 24-hour hotline that provides information & referral services about numerous social service programs offered in Cumberland, Dauphin & Perry counties. **2-1-1** Free information and referral helpline that connects people with community, health, human and disaster services in counties in PA with a **FREE** 24/7 confidential phone service.

### **CUMBERLAND COUNTY HOMELESS SHELTERS:**

- **Community CARES** - 50 W. Penn Street, Carlisle 17013 – 717-249-1009. Provides temporary night-time emergency shelter at local churches on a rotating basis for adults and families as well as supportive services at the resource center (day center). The resource center provides showers, laundry, cook meals, make phone calls, receive mail & messages, store personal items and lockers, and basic needs. [www.morethanshelter.org](http://www.morethanshelter.org)  
**Cumberland Street Reach**- an outreach program which engages, assesses and assists those living on the streets, in encampments, and/or at risk of or experiencing homelessness. [streetreach@morethanshelter.org](mailto:streetreach@morethanshelter.org) or 717-448-8850.
- **Domestic Violence Services of Cumberland & Perry Counties** – Carlisle 17013 – 717-258-4249/800-852-2102/911 - 24 hour Hotline & Emergency Shelter services – Crisis intervention counseling; ongoing counseling & advocacy; assistance with Protection from Abuse orders (PFAs); community education & outreach and batterers' intervention group.
- **Family Promise of Harrisburg Capital Region** – Camp Hill 17011 – 717-737-1100 – Network of congregations providing overnight shelter and supporting families – day center staff assist with case management, budgeting, parenting, life skills, and a United Way Road to Success Workforce Development Case Management site. 2-3 month shelter for families (with children or pregnant). Must call to apply and application process. [www.familypromisehcr.org](http://www.familypromisehcr.org) and for more information via email [director@familypromisehcr.org](mailto:director@familypromisehcr.org)
- **Safe Harbour- The James Wilson Emergency Shelter** – 102 W. High St. – Carlisle 17013 – 717-249-2200 – Provides a short-term emergency shelter for single females and families who are homeless. Incoming clients must be processed through the Carlisle Police Department NCIC check (background check) before entry. Long-term temporary housing is offered for homeless individuals and families who need **longer term emergency shelter care**. Additionally, single-room occupancy for permanent housing may be available for low-income individuals based on need or through programs in partnership with the Cumberland County Housing and Redevelopment Authorities.

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**Christ Among Neighbors – (C.A.N.)** 130 S. Penn St. Shippensburg PA 17257--717-532-7577- The office is not open at this time. If you need assistance please call 717-532-7577 and leave a message and a volunteer will get back to you. You can also go to the Woodforest Bank inside the Shippensburg Walmart. They have C.A.N. applications which you can fill out and leave with one of their representatives who are also C.A.N. volunteers. Provides last resort crisis help such as food, clothing, utilities, medical & lodging along w/ information/referral & networking w/ community resources. Serves the Shippensburg School District & Village of Walnut Bottom 17266/17257 and must be a resident for 30 days with proof. Need to provide: 1) Proof of ID such as a driver's license, birth certificate, or other form of picture ID, 2) Proof of all income in household back (1) month from the date of application for help such as pay stubs, SSI, Disability, child support, letter from Public Assistance/medical card, unemployment benefits, alimony, etc., 3) Eviction &/or magistrate notice or late notice from landlord if behind on rent. For back utility or other bills, bring proof also. Bill/note proof should be current through the month you are applying for help, & 4) Reason(s) why you need help, like written proof from your doctor, temporary housing, car insurance or daycare. & 5) proof of all recent household bills to determine your monthly household expenses.

### **Cumberland County Aging & Community Services: Homeless Assistance Program**

20 North Hanover Street, 3<sup>rd</sup> Floor, Carlisle 17013 Hours: 8:00am to 4:30pm. – Appointment needed – Walk-ins welcomed.  
**A-M** call: [Patrice Pickering – 717-240-6117](tel:717-240-6117); **N-Z** call: [Kellie Crawford – 717-240-6112](tel:717-240-6112)

Program assists clients with a one-time rental assistance and/or security deposit help into permanent housing/or homeless prevention services with Notices to Quit and/or Court Evictions. We offer case management services and supports, basic budgeting, life skills, goal planning and resource connections towards economic sufficiency while in the program.

**Neighbors In Christ** - First Presbyterian Church, 111 Big Spring Ave. Newville 17241 **Saturday Hours: 9 to 10 am.** Provides limited emergency help such as rent, Adams electric, food, & clothing services to persons living in the Big Spring School District. Need to take: 1) Proof of ID such as a driver's license, birth certificate, or other form of picture ID, 2) Proof of S.S.#'s of all in household or medical card., 3) Proof of all income in household back (1) month from the date of application for help such as pay stubs, SSI, Disability, child support, County Assistance note/medical card, unemployment benefits, alimony, etc., 4) Eviction &/or magistrate notice if behind on rent. If need utility/bill help, bring recent proof of them w/i 30 days. & 5) Reason(s) why you need help like a written medical, temporary housing, and/or other high bill proof to determine your monthly household expenses.

**New Hope Ministries (Enola)**- 110 Altoona Ave. Enola 17025 717-996-9006 Food pantry hours are Tuesdays and Thursdays 9am-4pm and the 2<sup>nd</sup> Saturday. Volunteer opportunities available. Please call for more information.

**New Hope Ministries (Lemoyne)** -- 701 Bosler Ave Lemoyne ,PA 17043 – 717-774-6255 A food pantry is available Monday through Friday 9am-4pm (by appointment) and Saturday from 10am-12 noon (no fifth Saturday appointments). The food pantry is also open the first Thursday evening from 6:30pm-8:30pm and the third/fourth Thursdays 7pm-9pm. (by appointment).

**New Hope Ministries (Mechanicsburg)** – 5228 East Trindle Road. Mechanicsburg 17050 717-766-7333 Weekdays- Food pantry is available Monday through Friday 9am-4pm (by appointment) and Saturday from 10am-12 Noon (no fifth Saturday appointments). The food pantry is also open Tuesday/Thursday evenings from 7pm-9pm and Tuesday 4pm-6pm (no fifth Tuesday or Thursday appointments).

**Additional Services offered at all centers:** Referral assistance can be given to guests to apply to: PA American Water Co. and utility bill services such as Met Ed, Penelec electric help for the CAP Program and Operation HELP (PPL) are also on premises. Guests are able to access COMPASS service which allows individuals access to apply for and renew a broad range of social programs such as: health care coverage, SNAP Program (food stamps, cash assistance, medical). Classes offered: Dollars & Sense (Financial Literacy class), GED class, cooking classes, Know Your Credit Score, Soft Skills, and a Job Interview Workshop. The Job Junction program is where we help build a guest's resume, job search, and assist with job applications. A Job Fair is held on the 4<sup>th</sup> Wednesday of each month. Training Programs include: Nurse Aide, Forklift and CDL (Class A) Welding, Forklift, NA, CDA, Rise Up, HVAC, Logistics/Warehouse and Precision Machining. Please call for more information.

**The Salvation Army** – Social Services Office – 24 E. Pomfret St. – Carlisle 17013 – 717-249-1411 – \*\* Intakes for services are currently being handled by phone. Arrangements for individuals without access to a phone can be made. \*\* We help w/ food, clothing, bus tickets, gas cards, personal care items, and household items. Our **Choice Pantry** is currently by appointment only. **Sunday School services** are held Sundays at 9:30 am. **Church Worship Services** begin at 10:45 am. Client sign-ups for the **Christmas food baskets & toys** (for children 12 and under) begin in mid-October. **The Homeless Breakfast Program** provides a breakfast for the homeless every weekday morning from 8:30am-9:00am. **My Brother's Table** offers a daily meal at Rear of 127 S. Hanover St. daily (weekdays 4:30pm to 5:30pm, Saturdays 12:00pm to 1:00pm & Sundays 5:00pm to 6:00pm). **The Family Store** is located at 469 E. North St. Hours are Tuesday, Thursday, Friday, and Saturday from 10 a.m. – 6 p.m. **Senior Action Center** is providing meals using a drive thru method on Mondays, Wednesday, and Fridays. Anyone in the Carlisle area ages 60 and older are eligible. To register, please call, 249.5007. Various church-related programs to accommodate youth & adults are open to the community. **Camp Ladore** is a one (1) week summer recreational camp ages 7-12. Volunteers are highly welcome. **Pathway of Hope** is a program for families motivated to give their children better chances in life than they had. Families partner with a dedicated case manager to identify their goals & develop a personalized action plan. Pathway of Hope offers a holistic approach in which families are connected with services, enjoy a network of supports, and gain a sense of community with others who are also challenging themselves to create a better future for themselves and their children. Contact Kristina Kennedy at 717-249-1411 ext. 137.

**Samaritan Fellowship: Carlisle United Methodist Church (CUMC)** -333 South Spring Garden Street, Carlisle 17013 **Mailing address:** Samaritan Fellowship, C/O CUMC, 333 South Spring Garden Street, Carlisle, PA 17013.

Website: [www.samaritanfellowship.org](http://www.samaritanfellowship.org) Samaritan Fellowship provides crisis financial and referral assistance to residents of Carlisle, South Middleton School District, and Middlesex Township. Applicants must telephone 717-579-6697 between the hours of **7:00 AM and 10:00 AM** any Saturday mornings to begin the interviewing process. Applicants will be interviewed the same morning they call. Referrals are required for all under case management or in subsidized housing.

Samaritan Fellowship accepts all referrals at [samaritanfellowship@hotmail.com](mailto:samaritanfellowship@hotmail.com). Samaritan Fellowship no longer provides security deposit assistance or help with security agreements.

**Todd Baird Lindsey Foundation** – P.O. Box 724, Carlisle 17013 – 717-486-4121 – Provides assistance for persons meeting certain income and asset guidelines and persons ages 55 and older with the cost of housing expenses (rent, lot rent, mortgage, utilities, taxes, etc.) prescription medications, medical equipment, nursing services, hearing aids & personal emergency response services fees. The Foundation provides both emergency and long term assistance to persons who live in the service areas including the boroughs of Carlisle, Mt. Holly Springs, and Newville and the townships of West Pennsboro, Dickinson, Middlesex, S. Middleton, N. Middleton, Penn, L. Frankford and U. Frankford. **Applicants must live in TBL service area for 6 months.**

## **PERMANENT HOUSING - (Possible Waiting Lists)**

**Cumberland County Housing and Redevelopment Authority (HUD)** - 114 N. Hanover St. Carlisle 17013  
717-249-1315/1-866-683-5907 Business Hours: Weekdays 8:00 am – 4:30 pm. Manages and oversees HUD's Section 8 Housing Choice Vouchers, Homeless and Special Needs Programs, Senior Housing and Family Public Housing. Applications for the waiting lists should be completed online at [www.cchra.com](http://www.cchra.com). Lobby is currently closed. "You are responsible for finding your own housing."

**Homeless and Special Needs Programs** manage the rapid rehousing and permanent supportive housing programs. Anyone experiencing homelessness must utilize Coordinated Entry to be assessed and placed on a Community Queue (dial 2-1-1 or text zip code to 898-211, or call-free: 1-855-567-5341, or visit the Carlisle access site at Community CARES-50 West Penn Street Carlisle, PA 17013).

**Family Public Housing** - 60 W. Penn St. Carlisle 17013 – 717-245-0516 Weekday Hours: 8:00 am--4:30 pm. Offers affordable housing based on income to County residents. - Applications for another housing program, **Carlisle Opportunity Homes** is also located at this site. Their program provides homes to residents in Carlisle & Mt. Holly Springs. Applications should be completed as soon as possible due to a waiting list. Applications for the waiting lists should be completed online at [www.cchra.com](http://www.cchra.com)

### **The Salvation Army:**

**Genesis House** is a Single Room Occupancy for single, homeless men (ages 18+) in Cumberland County. Each resident has his own room, while the common areas (kitchen/lounge, shower room, bathrooms) are shared with other residents. Genesis House has a monthly rent of \$450. This rent includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer. Additionally, there is a \$225 security deposit due at move-in. Interested individuals need to contact 2-1-1 and enroll with Connect to Home.

**The Salvation Army- Stuart House** is a Single Room Occupancy for 1) A single homeless or near-homeless female who is 18 or older; 2) A single homeless or near-homeless female with up to three children in her custody; 3) A homeless or near-homeless adult-only, two-female family unit. Each resident has her own room, while the common areas (kitchen/lounge, shower room, bathrooms) are shared with other residents. Stuart House has a monthly rent ranging from \$500-\$600, depending on room size. This rent includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer. Additionally, there is a security deposit equal to half a month's rent due at move-in. Interested households need to contact 2-1-1 and enroll with Connect to Home.

**The Salvation Army- Permanent Supportive Housing** is an income-based, Housing First-modeled housing program for chronically-homeless individuals in Cumberland County. Rent is based on the individual's income. Each resident has their own apartment, as well as access to resources and case management through The Salvation Army. Interested individuals need to contact 2-1-1 and enroll with Connect to Home.

**American House Apartments** - 26 North Market Street, Mechanicsburg 17055 – 717-766-1633 - **HUD** subsidized one-bedroom apartments for the elderly 62+ and/or handicapped.

**Bethany Towers** - 335 Wesley Drive Mechanicsburg 17055 – 717-766-7698 - **HUD** subsidized one-bedroom apartments for elderly persons and/or handicapped.

**Brethren House** -51 W. Simpson Street, Mechanicsburg -717-791-6200 HUD subsidized one bedroom, loft style apartments for individuals with behavioral health disabilities.

**Chestnut Commons** - 324 Chestnut Street Mt. Holly Springs 17065 -717-249-3484 - **HUD** subsidized one-bedroom apartments for the elderly 62+ and/or handicapped.

**Cottages of Shippensburg** - 300 Dwelling Court Shippensburg 17257 – 717-530-1573 - Offers two bedroom cottages to individuals with a maximum income limit based on number of people in household.

**Crossroads Apartments** – 2121 & 2141 Cedar Run Drive, Camp Hill -717-635-9780 –Two and three bedroom apartments. General Occupancy. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply.

**East Gate Apartments** - 35 East Gate Drive Carlisle 17015 – 717-249-9800 -One bedroom apartments for individuals 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8.

**Enola Chapel**-400 S. Enola Drive, Enola 17025 717-732-1740 -HUD subsidized efficiency units for individuals who are homeless with behavioral health disabilities.

**Enola Commons Senior Apartments**- 16 S. Enola Dr. Enola 17025 – 717-732-2811- 1 and 2 bedroom apartments for persons 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8.

**Episcopal Square** - 101 N. Prince St. Shippensburg 17257 – 717-530-1277 – Provides one bedroom & efficiency housing to low income elderly & disabled persons.

**Essex House** - 20 N 12<sup>th</sup> Street Lemoyne 17043 – 717-730-7302 - Offers studios, one & two bedroom apartments for the elderly.

**Geneva Green Apartments** -500 Geneva Drive Mechanicsburg 17055 – 717-691-8620 - No minimum age – 2 and 3 bedroom apartments for families. General occupancy that does **accept Section 8**.

**Historic Iroquois Hotel Senior Apartments** – 200 Third Street New Cumberland 17070 –717-774-4500 One bedroom units for the elderly 62+. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply.

**Historic Molly Pitcher Senior Apartments** – 13 S. Hanover Street Carlisle 17013 –717-249-9800 One and two bedroom units for elderly 62+ years old. Below market rates. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply.

**Mallard Run Apartments** - 820 Lisburn Rd. Camp Hill 17011 – 717-761-5414 - One & two bedroom apartments to low income individuals & couples who are elderly 62+ and/or disabled.

**Meadowood Apartments** - 1051 Allendale Road Mechanicsburg 17055 – 717-697-9517- **Rural Housing Service subsidized** one-bedroom apartments for elderly, handicapped and disabled.

**Mountain View Apartments** - 91 Doubling Gap Road Newville 17241 – 717-776-3292 – USDA Rural Housing subsidized one-bedroom apartments designed for the elderly 62+ and/or persons handicapped.

**One West Penn** - 1 W. Penn St. Carlisle 17013 – 717-249-7797 - Weekday Hours: 8:00 a.m. to 4:30 p.m. – HUD Subsidized one bedroom units for elderly 62+ years old/ or disabled.

**Orchard Apartments** - 2204 Cedar Run Drive Ext. Camp Hill 17011 – 717-763-0937 - Offers one & two bedroom low income housing units to families and individuals.

**Penn School Apartments** - 121 N. Bedford Street Carlisle 17013 – 717-243-8555 - One-bedroom apartments for elderly handicapped or disabled.

**Pheasant Run Estates** - 1824 Sterrets Gap Road Carlisle 17013 – 717-249-3939 – One, two, and three bedroom affordable apartments.

**Pine Ridge Estates** - 7 Pine Rd. Mt. Holly Springs 17065 – 717-486-4063 - One & two bedroom apartments for families or individuals.

**Plaza Apartments** – 297 Plaza Drive (behind Karns store) Boiling Springs 17007 – 717-258-8387- Offers one & two bedroom low income housing units to families & individuals.

**Round House View Apartments** - 21 Susquehanna Ave. Enola 17025 – 717-732-0622 HUD subsidized one bedroom units for elderly 62+ and/or disabled.

**Shippen House Apartments**- 19 Hollar Ave. Shippensburg 17257 – 717-532-7885 – For seniors, ages 62 and over – One bedrooms only. Rent based on individual income and income limits to qualify. [www.shippenhouseapartments.com](http://www.shippenhouseapartments.com)

**Silver Spring Courtyards** - 43 Ashburg Drive, Suite 23 Mechanicsburg 17050 – 717-591-1413- One and two bedroom apartments. A federal program sets the rents based on income guidelines. For people ages 55 or older.

**Silver Spring Gardens** – 64 Ashburg Drive Mechanicsburg 17050 – One and two bedroom apartments for income qualified individuals 62+ years old.

**Susquehanna View**-208 Senate Ave, Camp Hill 17011—717-763-1184. Provides one bedroom housing for the elderly 62+ and/or disabled.

**Two West Penn** - 2 W. Penn St. Carlisle 17013 – 717-249-3484 – Tuesday and Thursday Hours: 8:30 a.m. to 3:30 p.m. – HUD subsidized one bedroom and efficiencies for elderly 50+ and/or disabled.

**Valley Ridge Apartments** - 371 Army Heritage Drive Carlisle 17013 – Phone: 717-258-9317 – HUD subsidized one bedroom and efficiencies for elderly 62+ and/or disabled individuals.

## **HOMEBUYERS / HOMEOWNERS ASSISTANCE**

**Cumberland Valley Habitat for Humanity** – 717-258-1830 – [www.cv-hfh.org](http://www.cv-hfh.org)

**Carlisle Housing Opportunities Corporation** – Located at Hope Station, 149 W Penn Street, Carlisle— Phone 717-241-0472. Low to moderate income, first-time homebuyers with good credit can purchase a home and receive a 10% forgivable loan off of the appraised value of the home. Cumberland County Homebuyer’s Coalition offers \$3,000 towards closing costs to qualified buyers who complete the Homebuyers Workshop.

**Cumberland County Housing and Redevelopment Authority** –

~114 N. Hanover St. Carlisle 17013; 717-249-0789 Ext. 136; Business Hours: M-F 8:00 am – 4:30 pm; website: [cchra.com](http://cchra.com)  
~**Free First-Time Homebuyers Workshop**; find details/schedule on the website: [www.cchra.com](http://www.cchra.com) ; call 1-866-683-5907, option2, to register

~**Cumberland County First-Time Homebuyer Down Payment and Closing Cost Assistance Program**; find details/application on the website: [www.cchra.com](http://www.cchra.com)

~**Emergency Repair Loan Program**; find details/application on the website: [www.cchra.com](http://www.cchra.com)

~**Free housing counseling available**; call 717-249-0789, Ext. 136

~**Carlisle Borough Rehabilitation Program**; find details/application on the website: [www.cchra.com](http://www.cchra.com)

~**Cumberland County Housing Rehabilitation Program**; find details/application on the website: [www.cchra.com](http://www.cchra.com)

**Pennsylvania Housing Finance Agency** – 717-780-3800 – 211 North Front Street; Harrisburg, PA 17101

A variety of multi-family rental housing, homeownership programs, and foreclosure prevention programs:

- **Homeowner’s Mortgage Assistance Program (PHFA)** – 717-780-3871 – Offers mortgages for 1st time home buyers.
- **Housing Emergency Mortgage Assistance Program (PHFA)** – 1-800-342-2397 or 717-780-3940 - 211 North Front Street – Harrisburg, PA 17101 Offers financial assistance for mortgages in foreclosure, must have an Act 91 Notice.
- **PAHousingSearch.com**, a free service to list and find affordable homes and apartments across PA.
- **Customer Solutions Center**, 1-855-U-Are-Home (827-3466), customer service representatives are able to provide information on all PHFA programs and answer questions to get assistance quickly.
- **Housing Counseling Services** 717-780-3907, provides counseling to assist with guidance on evaluating mortgage readiness, fair housing, credit report management and selecting real estate agent/home inspection.

## **CLOTHING AND NON-CONSUMABLE GOODS**

**Carlisle Area Family Life Center** – 155 N. Hanover St., Carlisle – 717-243-1918. Monday, Wednesday, Friday and Saturday hours: 10:00 am- 1:00 pm, Tuesday hours: 1:00pm-5:00pm and 7:00pm-9:00pm and Thursday hours: 7:00pm-9:00pm. Saturday hours: 10:00am-1:00pm (September-May) If not open and/or available can call the hotline at the National Life Center at 1-800-848-LOVE (5683). Maternity, newborn layettes, infant clothing up to 4T available, as well as diapers & related infant supplies.

**Bountiful Blessings** -P.O. Box 299 Mechanicsburg 17055 [www.bountifulblessings.com](http://www.bountifulblessings.com) 717-802-1222– Offers non-consumable goods to those in need. Those who receive through Bountiful Blessings are required to give back to the program through volunteer time. 1<sup>st</sup> & 3<sup>rd</sup> Wednesday from 5am – 7pm at the Trinity Evangelical Lutheran Church; 509 Hummel Avenue, Lemoyne, PA; 1<sup>st</sup> and 3<sup>rd</sup> Saturday 9:30 am-11:30 am at the Capital Area Christian Church 1775 Lambs Gap Road, Mechanicsburg, PA.

**Calvary United Methodist Church-** 700 Market Street Lemoyne. Distribution of clothes is on the 3<sup>rd</sup> Saturday of the month from 11:00 am-1:00 pm. Free lunch is provided the day of the clothing bank.

**Capital Area Pregnancy Center** – 2515 Old Gettysburg Road Camp Hill 17011 717-761-4411. Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, and support groups & clothing etc...for baby & mother to be.

**Christ United Methodist Church**-47 East King Street, Shippensburg 17257- 717-532-6850 -Clothing bank on Saturday mornings from 9am-11am, Call for more information. <http://www.christumcshipp.org/>

**Community Aid** 4833 Carlisle Pike Mechanicsburg, PA 17050 717-412-7706 Thrift store and donation center-faith based non-profit store providing clothing, household and collectible items. Neighbors helping neighbors and offering items of resale at affordable prices. 50% off all items on Wednesdays.

**Cumberland Valley Animal Shelter Thrift Store** – 1 E. King St. Shippensburg 17257 – 717-477-8025. Open Monday through Friday 9am- 5pm and Saturday 9am-5pm.

**Goodwill Boutique** - 1051 Hummel Avenue – Lemoyne 17043 – 717-737-6134 Monday to Saturday 9am-5pm. A source of low cost used clothing, used household goods and furniture.

**Goodwill Industries** – 105 Gateway Drive, Mechanicsburg 17055 – 717-691-3699 Hours: Monday thru Saturday 9:00 – 6:00 pm. & Sundays noon – 5:00 pm.

**The Ministry of St. Stephen Lutheran Church, New Kingston PA at the Flying J** Harrisburg Pike right off of 81. The 1<sup>st</sup> and 3<sup>rd</sup> Thursday from 7pm-9pm. Services provided: Showers, laundry and a meal.

**New Digs (Mission Central)** – 5 Pleasant View Drive Mechanicsburg 17055 – 717-620-9735 – [info@newdigsministry.org](mailto:info@newdigsministry.org) Assists individuals and families in Cumberland, Dauphin, & Perry Counties with limited assets. Provides donated household items and goods. Consumer must arrange for pick up and must be referred by an agency. Agency representative must complete a referral, liability waiver for a consumer, and inventory checklist.

**Salvation Army A.R.C. Thrift Store** - 3901 E. Trindle Rd. Camp Hill 17055 – 717-731-0576 Open 9:00 am. to 9:00 pm. Monday through Saturday. They accept Visa credit cards.

**The Meeting House** – 1155 Walnut Bottom Road Carlisle 17015 717-243-1863 Call about hours.

**Trinity Methodist Church** - Fellowship Building (Old Jackson School) 116 W. Main St. Walnut Bottom Rd. Walnut Bottom 17257. Phone: 717-532-7606 Open 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays & Saturdays 9 am-12 Noon or call for more information.

## **FOOD**

**Cumberland County Assistance Office** – SNAP (Food Stamp) information available. 717-240-2700/800-269-0173 or



Department of Human Services Helpline 1-800-692-7462/ TDD for hearing impairments 1-800-451-5886. Apply online for information through Compass website.

**Cumberland County Aging & Community Services** -1100 Claremont Road, Carlisle 17015 – Weekdays hours: 8:00 – 4:30 pm. 717-240-6110/888-697-0371 ex. 6110.

**Penn State Extension Nutrition Links Program** – 310 Allen Road, Suite 601, Carlisle, PA 17013 – 717-240-6503 Free Nutrition Education programs to participants eligible for public assistance to develop the knowledge and skills necessary to achieve a healthful diet on a limited budget.

**Tapestry of Health (WIC)** – 401 E. Louther Street, Suite 104 Carlisle 17013 - Weekday Hours: 8:00 am - 4:30 pm 717-243-0523/1-800-882-8812 - Provides food vouchers/nutrition education to low income children & pregnant women.

## **CUMBERLAND COUNTY FOOD BANKS**

The following is a listing of all Cumberland County Food Banks. Please inform your client(s) that they should use the one closest to their home.

**Big Spring Area Food Bank – Big Spring United Lutheran Church** 101 Crossroad School Road (near Rt. 641) Newville PA 17241 -717-422-4603

**Distribution Date & Time:** Last Monday of the month, except May, November, and December when distribution is the Monday preceding the holiday. **Director:** Shani Shenk 9:00am-11:00am

**Christian Life Assembly Food Bank** – 2645 Lisburn Road (At Church) Camp Hill PA 17011 717-737-6560:

**Distribution Date & Time:** Second Tuesday 9:00am -12:00pm.

**Cornerstone Assembly: Five Loaves Food Pantry** – 32 S. Front Street Wormleysburg, PA 17043 717-737-1903

**Distribution Date & Time:** Every 3<sup>rd</sup> Saturday 10am-12pm (**Mobile food pantry through New Hope Ministries**)

**The King’s Kettle Food Pantry** – 30 N. Fayette Street Shippensburg PA 17257 717-530-9200

**Distribution Date & Time:** 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> Tuesdays of the month 5:00pm-6:30pm

**Mt. Holly Springs Food Bank** – 202 West Butler Street Mt. Holly Springs PA 17065 717-486-4883 *Must reside in Mt. Holly Springs, Gardners, or Boiling Springs area. If new to the Food Bank, must bring a photo id and bill with current address within last 30 days.*

**Distribution Date & Time:** Tuesdays 12:00pm - 2:00pm

**New Hope Ministries Food Bank (Mechanicsburg location)** – 5228 East Trindle Road Mechanicsburg PA 717-766-7333

**Distribution Date & Time:** Monday-Friday 9am-4pm by appointment Saturday 10am-12pm (no fifth Saturday appointments) Tuesday and Thursday evenings 7pm-9pm Tuesday 4pm-6pm (no fifth Tuesday appointments).

**New Hope Ministries Food Bank (Lemoyne location)** –701 Bosler Ave Lemoyne PA 717-774-6255

**Distribution Date & Time:** Monday-Friday 9am-4pm by appointment Saturday 10am-12pm (no fifth Saturday appointments) Thursday evenings 6:30pm-8:30pm (by appointment).

Mobile Food Pantry: Third Saturday of each month from 10am-11am.

**Oasis of Love** – 303 South Washington Street Shippensburg PA 17257 717-532-5112

**Distribution Date & Time:** Provides emergency food boxes as needed. Mondays and Thursdays 11:00am -12:00pm provides baked goods and bread to those in need.

**Project SHARE** – 5 North Orange Street, Suite 4 Carlisle PA 17013 717-249-7773 [www.projectsharepa.org](http://www.projectsharepa.org)

*Serving Carlisle, Mt. Holly Springs, Boiling Springs, Gardners, Plainfield, Middlesex and New Kingston*

**Distribution Date & Time:** (Based on the 3<sup>rd</sup> Thursday every month)

Tuesday 12:00pm-2:00pm, Wednesday 9:00am-11:00am, Thursday 3:30pm-5:30pm, Saturday 9:00am-11:00am

**Farm Stand:** 123 Lincoln Street Carlisle PA 17013 Free produce and bread (Open every week except Distribution week)

- **Year Round Hours:** Tuesdays 3:00pm-5:00pm and Thursdays 12:00pm-2:00pm

**River of God Church** – 747 Wertzville Road Enola PA 17025 717-766-7333 (*Mobile food pantry through New Hope Ministries*)

**Distribution Date & Time:** Third Saturday every month 10:00am-11:00am

**The Salvation Army Choice Pantry** – 24 E. Pomfret Street (Social Services Office) Carlisle PA 17013 717-249-1411

\*\* Currently by appointment only\*\*

**Shippensburg Produce and Outreach** – 130 South Penn Street Shippensburg PA 17257 717-477-9100 *Serving all eligible families in the Shippensburg Area School District and serves Cumberland and Franklin County residents of Shippensburg.*

Fresh vegetables, fruits, milk and eggs and other services weekly.

**Distribution Date & Time:** Every Tuesday 4:00pm-6:00pm

**The Bridge** – 122 Geary Ave. New Cumberland PA 17070 717-774-6255 (*West Shore Senior Center*)

**(Mobile food pantry through New Hope Ministries)** Contact information: Joanne Fortney 717-766-7333 x3012

**Distribution Date & Time:** Once a month on the second Wednesday 2:00pm-4:30pm

## **EDUCATION / EMPLOYMENT / INCOME / TRAINING**

**PA CareerLink Cumberland County** - 1 Alexandra Ct. Carlisle 17013 (**Across from Carlisle Regional Hospital**)

717-243-4431 - Weekdays 8:30 a.m. to 4:30 p.m. - Provides numerous services to persons seeking employment including skill assessments, internet job search capable in area & worldwide, resume services, veterans' assistance, & career guidance. Job mailing lists & other supportive services are available.

**Tri County Community Action (TCCA)** works with Cumberland County residents to gain economic success. TCCA uses a 3 tier model that includes the *Getting Ahead in a Just-Gettin'-By World*, Bridges out of Poverty, and the 3 to 5 year Economic Success Program. Offices are located at 130 S. Penn Street, Shippensburg, PA, 17257, (717) 532-8611 and 125 N. Enola Drive, Enola, PA, 17025, (717) 732-1944.

**Cumberland County Assistance Office** - 33 Westminster Drive Carlisle 17013 – 717-240-2700/800-269-0173 - Weekday Hours: 8:00 am. to 4:30 pm. Some emergency funds are available for very low income only. Directions: From Carlisle square, go East on High St. Go to 3rd traffic light. Bear right at road fork at third traffic light (Hess Station) onto York Rd. Follow York Rd. for about 3/4 mile. Turn right onto Petersburg Rd. Follow under the Rt. 81 overpass. Turn left onto Westminster Drive. You will see the office on your left. – Provides SNAP (food stamps) and medical insurance help to eligible residents. Emergency rent assistance is also available for eligible residents (ESA Funds-Emergency Shelter Allowance). Assistance w/ heating bills is offered in November (LIHEAP).

**Cumberland Link to Aging & Disability Resources** –1100 Claremont Road Carlisle 17015 – 717-240-7887

County Toll Free #: 1-888-697-0371 X7887/fax # 717-240-6118; "TTY: Please call PA Relay at 7-1-1." – Hours: 8:00 am. to 4:30 pm. weekdays - Information and referral services agency for persons of all ages with disabilities or for persons ages 60 and older. Email Inquiries: [thelink@ccpa.net](mailto:thelink@ccpa.net)

**Cyberspace** – 219 N Pitt St. Carlisle 17013 717-249-7267 – Hours: Tuesday through Saturday 1:00pm-5:00pm

A computer/internet community resource center.

**Domestic Relations** – 13 N. Hanover St. Box 320 Carlisle 17013 – 717-240-6225/888-697-0371 ext. 6225 - Establishes and enforces child support orders, civil paternity cases and spousal support orders.

**Education for Children and Youth Experiencing Homelessness (ECYECH)—Lincoln Intermediate Unit #12, York, PA 17404 — 717-718-5924, Sonia Pitzl [www.iu12.org](http://www.iu12.org) [www.facebook.com/ECYEHPA](https://www.facebook.com/ECYEHPA)** The program ensures that all children and youth experiencing homelessness, as defined in the McKinney-Vento Act, enroll, participate, and have the opportunity to succeed in school. Guarantee that they receive a free and appropriate public education and eliminate and/or reduce the educational barriers. Increase awareness about the nature and extent of the problems children and youth experiencing homelessness has enrolling in and gaining access to educational programs and by explaining and building on the laws and policies already in place, which overcome these barriers.

**Employment Skills Center** - 29 S. Hanover St., Carlisle 17013 – 717-243-6040 Hours: Monday thru Thursday 8:30 am-4:30pm, Closed on Fridays. Programs include: Adult Basic Education, GED Preparation and Testing, ESL (English as a

Second Language), Nurse Aide Training, Forklift Training, and Workforce Development programs. [www.employmentskillscenter.org](http://www.employmentskillscenter.org)

**Hope Station** – 149 W. Penn St. – Carlisle, PA 17013 – 717-249-0036/717-249-5144/fax #249-5228 – Weekdays 8:00 to 4:30. **Youth Trades Program** for students 6-12, learning trade skills. **Sustainable Employment Reentrants Program (SERP)**, individuals who have been incarcerated will participate in HACC's Step Program and job placement upon completion. Space provided for the community to utilize for classes, printing, faxing, or use of a computer. Summer Camp Scholarships available. Cultural Events and connecting to other resource organizations.

**New Hope Ministries (Enola)** - 110 Altoona Ave Enola 717-996-9006 Please call for available services.

**New Hope Ministries (Lemoyne)** - 701 Bosler Avenue Lemoyne 717-774-6255

**New Hope Ministries (Mechanicsburg)** - 5228 East Trindle Road Mechanicsburg, PA 17050 717-766-7333

**Job Junction:** helping people build resumes, job search assistance and application process assistance. **Training programs:** Forklift training classes, CDL Class A training program, and Nursing Assistant training. Welding, CDA, Rise up, HVAC, Logistics/Warehouse, Precision Machining. Soft Skills classes and Cooking classes are offered as well as a GED Program (held at the Mechanicsburg location).

**Office of Vocational Rehabilitation (OVR)** – OVR Harrisburg District Office is located at the Forum Place, 555 Walnut Street, 8<sup>th</sup> Floor, Harrisburg, PA 17101-717-787-7834/800-442-6352-weekdays 8:00am to 4:30pm. OVR provides vocational rehabilitation services to help persons with disabilities prepare for, obtain or maintain employment. Services are provided on an individual basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services, and service providers. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual. Referrals to OVR can be made by agencies, schools, clergy, hospitals, families or any interested individuals.

**Penn State Extension of Cumberland County Office** – 310 Allen Road, Suite 601 Carlisle 17013 - 717-240-6500 – 717-697-0371 ext. 6500 717-532-7286 ext. 6500 - Assists w/ water tests, home gardening and home food preservation questions. Available access to free local and state information.

**Rescare Workforce Services (formally ARBOR, Teen Works)**-401 E. Louthier Street Carlisle, PA 17013 717-245-2785. Serves teens ages 16-21 who are out of school and unemployed or underemployed. Services offered: GED and literacy classes, job search and placement help, college prep, and help with drug and alcohol, housing, personal relationships, re-entry and other transition problems.

**Shippensburg University Pride Center** - 1871 Old Main Dr. Room 230 Shippensburg, PA 17257 – 717-477-1291 Hours: Monday-Friday 8-4:30. Programs include: Mentor/Mentee Program for LGBTQIA individuals; Safe Zone trainings for individuals and organizations on campus and in Cumberland/Franklin Counties; LGBTQIA Equity & Inclusion Consultation and Training; LGBTQIA Resource and Referrals. [www.ship.edu/pride](http://www.ship.edu/pride)

**Social Security Hotline** - 800-772-1213/800-288-7185 TDD - Weekdays 7:00 am to 7:00 pm – Info. on Social Security.

**Social Security Administration** – 200 S. Spring Garden St. – **Carlisle** 17013 – 717-243-0085/1-866-635-0507 or 555 Walnut St. **Harrisburg** 17111 – 717-782-3400 – Weekdays 8-4:00 - Apply here for any federal disability/retirement income, get income disability/SS# proof.

**The Arc of Cumberland and Perry Counties (CPARC)** – 71 Ashland Ave. Carlisle 17013 – 717-249-2611 –**Advocacy Services:** provides 1 to 1 direct advocacy, education and resources to adults with intellectual disabilities and families who have a family member with an intellectual disability in accessing special education or adult services. **Family Education** provides individual and group education to families of individuals with intellectual disabilities on a variety of topics including estate planning, special needs trusts, ABLE accounts, behavior support, autism, Fetal Alcohol Syndrome Disorder, etc.

### Temporary Agencies

Abacus Staffing	19 S. Hanover Street-Carlisle	251-1877
Abel Personnel/Abel Temps	1300 Market Street – Lemoyne 3356 Paxton Street - Harrisburg	761-8111 561-2222
ADDECO	4811 Jonestown Road - Harrisburg	526-7887

Appleone Employment Services	4242 Carlisle Pike Suite 237 – Camp Hill	1-800-564-5644
Axiom Staffing Group	202 S. Conestoga Drive – Shippensburg	300-7040
Career Services Group	176 Cumberland Pkwy. Mechanicsburg	691-1129
County Wide Staffing LLC	370 Market Street – Lemoyne	920-3970
Drexel Group	1832 Market Street - Camp Hill	730-9841
Elwood Staffing	1505 Market Street – Camp Hill 1909 Ritner Highway – Carlisle	737-5001 218-5011
Integrity Staffing Solutions	675 Allen Road—Carlisle	601-2777
JFC Staffing Companies	101 W. High Street – Carlisle 1520 Market Street – Camp Hill 3350 Paxton Street Suite 6 – Harrisburg 634 Lincoln Way East – Chambersburg	243-4475 761-8095 657-4923 709-9675
Kelly Staffing	Brookwood Ave –Carlisle	609-1020
Keystone Staffing	360 Market Street – Lemoyne	761-5860
Manpower	950 Walnut Bottom Road – Carlisle 433 N. Enola Road – Enola 979 Wayne Ave Suite 40 – Chambersburg	258-1945 540-6000 262-2253
MDT Personnel	940 Century Drive – Mechanicsburg	691-6801
Olsten Staffing Services	4750 Carlisle Pike – Mechanicsburg	731-6100
Prologistix	1 Alexandra Court – Carlisle	558-0450
REM	840 Market Street – Lemoyne	920-8727
Robert Half Staffing Agency	4999 Louise Drive – Mechanicsburg	836-1252
Signature Staffing	814 Market Street – Lemoyne	731-8777
Spherion	401 E. Louthier Street Ent 2 Suite 306 Carlisle	651-1200
Staffmark	80 S. Middlesex Road –Carlisle	960-1623
Staff Management	400 Park Dr. –Carlisle	486-3630
Staffing Service USA	3512 Trindle Road –Camp Hill	745-0302
SURGE Staffing	200 S. Garden St. –Carlisle	506-5008

## **MEDICAL/SOCIAL SERVICES**

**Alzheimer's Association Helpline-** The Alzheimer's Association 24/7 Helpline (800.272.3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with the disease, caregivers, families and the public.

**AMEND** provides a 26-week educational curriculum based on the Duluth model-nationally recognized as the best means of challenging and modifying men's physical and emotional abuse of their intimate partners. The **AMEND** class meets on Thursday evenings from 6:00 p.m. to 8:00 p.m. At St. Paul's Evangelical Lutheran Church in Carlisle. Potential participants complete an intake interview, assessment, and orientation before starting group. For more information call 717-480-0489 and ask for Eric or view the website at [www.dvscp.org](http://www.dvscp.org)

**American Red Cross** – 79 East Pomfret St., Carlisle PA 17013 – 717-243-3101 Weekday Hours: By appointment. After-hour emergencies, same # to 24 hour answering service

**Caring Place** – 3 Walnut St. Suite 200, Lemoyne 17043 –717-302-8404 (manager) and 717-302-8402(Education and Outreach coordinator) – Provides free grief support for children, adolescents & their families.

**UPMC Carlisle Medical Center** - 361 Alexander Spring Rd. Carlisle 17013 – 717-249-1212

**Center for Independent Living (CIL)** – 717-731-1900/800-323-6060/731-1077 TDD Information & referral + advocacy services to all area persons with disabilities, also locates medical supplies and equipment to impaired persons. *Living Well Program.*

**Chambersburg Hospital** (Shippensburg area) - 112 N. Seventh St. Chambersburg 17201 – 717-267-3000

**Changing Hands**-717-737-3477 or 1-800-998-4827-for those who have a need for home medical equipment or assistive technology but have limited insurance coverage or limited financial resources. They work through local Agencies on Aging and various human services organizations to provide support for individuals who might benefit from recycled equipment (walkers, Hoyer lifts, bath seats and toilet seats, manual/power wheelchairs, daily living aids, communication devices, assistive listening devices, blind/vision aids, etc...)

**CHIP** - 800-543-7101 - Offers free services for children's medical care offered to children ages 0 through 15.

**CUMBERLAND CARES for Families (Cumberland County Aging & Community Services)** –20 North Hanover Street, 3<sup>rd</sup> Floor, Carlisle, Pa 17013 – 717-240-6172. An in-home visitation program to support and educate parents of children (pre-natal to age 5). **Cumberland Cares for Families** focuses on the goals established by the parent(s)/or caregiver(s). Direct help with child development and parenting skills is offered along with information and support to access other social services to meet financial, medical, counseling, housing, legal, educational needs, etc...No fees!

**Cumberland County Aging & Community Services** – 1100 Claremont Road Carlisle 17015 717-240-6110/ 1-888-697-0371 ext. 6110- Weekdays 8:00 a.m. to 4:30 p.m. Available services and programs: **Information & Assistance, LINK, Apprise, Transportation (rabbit transportation), Home Modification, Caregiver Support Program (CSP), Grandparent Support Group, OPTIONS, Legal Services, Ombudsman Program, Older Adult Protective Services, Community Health Choices (CHC) Waiver Program, Meal Programs (Meals on Wheels), Senior Centers, Cumberland Cares for Families and Homeless Assistance Program.**

**Cumberland Link to Aging & Disability Resources** –1100 Claremont Road Carlisle 17015 – 717-240-7887  
County Toll Free #: 1-888-697-0371 X7887/fax # 717-240-6118; "TTY: Please call PA Relay at 7-1-1." – Hours: 8:00 am. to 4:30 pm. weekdays - Information and referral services agency for persons of all ages with disabilities or for persons ages 60 and older. Email Inquiries: [thelink@ccpa.net](mailto:thelink@ccpa.net)

**The Arc of Cumberland and Perry Counties (CPARC)** – 71 Ashland Ave. Carlisle 17013 – 249-2611 – provides an **Advocacy Program** provides education and information to adults & families with special needs in accessing community services. **Family Education** acts as a community-based outreach service by providing individual counseling to persons with disabilities as well supportive and educational services to involved families/individuals of disabled persons.

**Cumberland/Perry Warm Line** 1-877-243-7153 – Hours of Operation: Monday and Friday 7pm-9pm, Tuesday through Thursday 7pm-10pm, and Saturday and Sunday 1pm-4pm, 6pm-9pm. Merakey Star Center Warm Line is a toll free peer-support telephone service for people with mental health concerns or issues who reside in Cumberland and Perry counties. **Non-crisis calls only.** Not an information or referral service.

**Disaster Assistance** - American Red Cross      East Cumberland County - 234-3101      West Cumberland - 243-5211

**Drug & Alcohol Counseling Services** – These agencies provide various types of counseling services on a sliding scale fee & include:

**Cumberland and Perry County Drug & Alcohol Services** - 16 W. High St. 3rd Fl. Carlisle 17013 – 717-240-6300  
888-697-0371 ext. 6300

**Drug & Alcohol Outpatient Services** - 503 N. 21st St. Camp Hill 17011 – 717-763-2369

**Merakey formerly The Stevens Center** - 33 State Ave. Carlisle 17013 – 717-243-9000

**RASE Project (Main Office)** - 100 North Cameron Street Suite 401-E Harrisburg, PA 17101 Phone: 717-232-8535  
Office locations in Carlisle, Lancaster, Lebanon, York and Hanover. **RASE Project (Carlisle)** – 1200 Walnut Bottom Road Carlisle PA 17015 – 717-249-6499- A recovery community organization providing support for those in recovery from, or affected by substance use disorders. Services include: Recovery Support Services, Vivitrol Coordination of Care, Buprenorphine Coordination of Care, Recovery House for Women, Recovery 101 and Life Skills Groups, Training, Education and Advocacy Services.

**Health Share**-Provides low/middle income persons needing medical help w/ affordable services. Examples of services offered include: office visits, eye, dental, &/or prescription assistance. Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance. Locations include: **Mechanicsburg Area** - New Hope Ministries, 5228 East Trindle Road Mechanicsburg 17050 – 717-766-7333

**West Shore Area – (Camp Hill, Enola, Lemoyne, New Cumberland & West Fairview)** Tri County Community Action  
125 North Enola Drive – Suite 204B Enola 17025 – 717-732-1944

**Healthy Baby Helpline** – 800-986-2229 – Provides possible affordable pre/post-natal care to mothers.

**Healthy Kids Helpline** – Chip information, Free/reduced child immunization help. 1-800-986-5437; M-F 8AM – 8PM and Saturday 9AM – 3PM; [www.helpinpa.state.pa.us](http://www.helpinpa.state.pa.us)

**Healthy Rx Program** – An affordable on-going prescription program available through the Sadler Health Center Corporation in Carlisle. Call 717-218-6670 for program eligibility.

**Hospice of Central PA** 17 E. High Street, Carlisle PA 717-241-0014-offers physical, emotional, and spiritual support for individuals and families who are facing any life-limiting illness, when goals shift from cure to comfort. Grief and loss support available to anyone in the community, even if their loved one was not cared for by Hospice.

**LIFE Lutheran Services** – 1920 Good Hope Road Hampden Township 17025 717-728-5433- LIFE is a program of complete health care for Cumberland County residents aged 55 or better. LIFE keeps you at home by providing: All Medical Care, Home Care, Prescriptions, Rehab Therapies, Activities at the LIFE Center, and Transportation to the LIFE Center and medical appointments. Medicare and Medicaid coverage.

### **Mental Health Concerns**

**Crisis Intervention –West Shore Area–** 717-763-2222                      **Carlisle Area–** 717-243-6005  
**1-866-350-HELP (4357)-East and West Cumberland County**

- **Cumberland/Perry Counties Mental Health Services** – 1615 Ritner Highway Carlisle 17013 – 717-240-6320/717-697-0371 ext. 6320/717-532-7286 ext. 6320
- **Diakon Family Services of the Capitol Region** – 717-795-0330/800-700-6868 – office at St. Paul’s Lutheran Church in Carlisle – counseling on a sliding scale fee & accept an Access card.
- **Diakon Lutheran Social Ministries** – 960 Century Drive, Mechanicsburg, PA 17055 – 717-795-0300/ 877-342-5667
- **Franklin Family Services-** 816 Belvedere Street Carlisle 17013 717-243-6500  
*Chambersburg location* 131 East McKinley Street Chambersburg 17201 717-267-1515
- **Merakey** - 33 State Ave. Carlisle 17013 – 717-243-6033
- **National Suicide Prevention Lifeline-** 1-800-273-8255
- **PA Counseling Services** – 717-249-3169 WRAP around/Family based services. 717-245-9255 – Outpatient & Meds management services. MA clinic, school based programs, psychiatric services.
- **Penn State Health Holy Spirit Medical Center Behavioral Health Services** - 503 N. 21st St. Camp Hill 17011 717-763-2228

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**Nurse-Family Partnership at UPMC-**2645 North 3rd St, 3rd floor, Harrisburg PA 17110  
Phone: 717-782-2335 <https://www.nursefamilypartnership.org/first-time-moms/> Registered Nurses are partnered with first time pregnant, income eligible women living in **Cumberland, Perry, Dauphin, Franklin** and **Lebanon** Counties, beginning early in pregnancy, and continuing until the first baby turns two years old. Home visits provide education, support, and advocacy. Nurses focus on the strengths of the family in order to achieve a healthy pregnancy outcome, optimal child health and development and economic self-sufficiency. The schedule and content of visits is tailored to the client. (Some clients who have had other children may also be eligible. Please call for more information.) This service is free and voluntary.

**PARTNERSHIPS for Better Health** -274 Wilson Street Carlisle 17013 -717-960-9009 Our mission is to identify and address health care needs and policies, promote responsible health practices and enhance access to and delivery of health services throughout parts of Cumberland, Perry, Adams and Franklin Counties.

**Penn State Health Holy Spirit Hospital** - 503 N 21st St. Camp Hill 17011 - 717-763-2100

**Pinnacle West Shore Hospital** 1995 Technology Pkwy Mechanicsburg, PA 17050 717-791-2600

**Poison Control Emergencies Calls** 1-800-222-1222

**Rape Crisis Services Hotline** – 1-888-727-2877

**Restorative Interventions (RI)** 717-329-0578 – New Cumberland, PA; A family intervention-wellness service for families who are experiencing addiction. RI uses the ARISE invitational model of intervention to motivate the resistant addicted loved one to seek help. RI utilizes the family's resilience, strengths, and motivation for change to motivate the addicted loved one into treatment. [www.restorativeinterventions.com](http://www.restorativeinterventions.com)

**Sadler Health Center Corporation** - 100 N. Hanover St. Carlisle 17013 - 1-866-Sadler7 Offers dental, medical, mental health, cessation smoking program & health education services. Call 717-218-6670/1-866-SADLER for hours & appointments.

**She's Somebody's Daughter**- Lemoyne, 17043- 717-382-8635- [www.shesomebodysdaughter.org](http://www.shesomebodysdaughter.org) We offer a holistic support system for women affected by sexual exploitation. Our drop-in center is a safe place for therapeutic programming, support groups, mentoring, Bible study, and help connecting to resources needed. We also offer Ending the Game which is an intervention curriculum reducing recidivism by breaking bonds of attachment to traffickers and "The Game" lifestyle. SSD provides a trafficking simulation experience as a prevention effort for youth, as well as trafficking trainings.

**Shippensburg Community Nurse** – Dee Parsons – 717-530-7900

**Shippensburg Health Care Center**, located in Shippensburg, PA, offers a new way to think about senior care by providing new and innovative services to our residents and their families. Those services include rehabilitation, long term care, respite care, and independent living suites. Please call 717-530-8300 to inquire about our services or to schedule a tour.

**State Health Center** - 431 E. North St. Carlisle 17013 – 717-243-5151/717-697-6549 Weekday Hours: 8:30 to 4:30 pm. - Provides affordable child immunizations, HIV testing including pre & post IV testing, TB testing & treatment, home visits for health teaching, & an extensive collection of information on medical & disease concerns.

**State Health Hotline** - 800-692-7254 - Information & referral services on general health concerns.

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## **TRANSPORTATION**

**Capital Area Transit (CAT) (main bus station)** - 901 N. Cameron Street Harrisburg 17110 717-238-8304 - Provides transit services w/ reduced fees. Call for free bus route booklet.

**His Hands Auto Repair Ministry** -730 N. College Street Carlisle 17013 717-258-5483.

**LifeCycle** - Bicycle Ministry in the Greater Carlisle area that provides quality, safe bicycles for transportation, leisure, and wellness to individuals of all ages. Contact New Life Community Church 717-240-0060.

**New Hope Ministries (Enola)** 110Altoona Ave Enola 17025 717-996-9006

**New Hope Ministries (Lemoyne)** 701 Bosler Ave. Lemoyne 17043 - 717-774-6255

**New Hope Ministries (Mechanicsburg)**-5228 East Trindle Road Mechanicsburg 17050 – 717-766-7333

Assistance with vehicle repairs, insurance and transportation needs, and fuel assistance related to employment/medical care and they must be currently enrolled as a New Hope guest receiving services.

**rabbittransit** – 1230 Roosevelt Avenue, York, PA 17404 – 1-800-632-9063 - Provides free and reduced cost transportation depending on a person's qualifying background. Senior citizens, persons with disabilities, mental health/intellectual disability clients, and Medical Assistance clients are eligible. Contact rabbittransit for more information on eligibility, application processes, service delivery guidelines, and cost.

**Raider Regional Transit** – Shippensburg area transit services. Free to senior citizens w/ Commonwealth ID card & to Shippensburg University Students w/ Student ID. Call 717-530-8891 for additional information.

**Salvation Army** -Social Services Center 24 E. Pomfret St. Carlisle 17013 -717-249-1411 Bus tickets and gas cards for employment and medical purposes are available.

## **LEGAL**

### **Hotlines:**

- Lawyer Referral Services - 800-692-7375/238-6807; Consumer Complaints - 800-782-1110
- Consumer Protection - 800-441-2555

**Better Business Bureau** – 717-291-1151/800-955-5100 - Counseling regarding reliable reports on area businesses & charities.

**Cumberland County Bar Association Lawyer Referral Service** 717-249-3166 or 1-800-990-9108 (within PA)  
Under the CCBA's LRS program, participating attorneys agree to a ½ hour consultation for \$25.00. Should work be beyond the first half hour be warranted, fees are agreed upon between the attorney and the client. [www.CumberlandBar.com](http://www.CumberlandBar.com)

**Dickinson Family Law Clinic/Disability Law Clinic** - 45 N. Pitt St. Carlisle 17013 – 717-243-2968 Weekday Hours: 8:30 am. to 4:30 pm. - Provides free legal assistance as needed to area low income persons.

**Mid-Penn Legal Services–Cumberland County** – 401 East Louther Street – Suite 103 – Carlisle 17013 – 717-243-9400/800-822-5288 Weekday Hours: 8:30 am to 4:30 pm - Serves persons of low income w/ free legal advice. Performs services especially in areas of crisis, domestic violence, housing concerns, evictions, custody (limited), public benefits, and unemployment issues. The intake line closes at 330pm, but the office is still open to 430pm.

**Neighborhood Dispute Settlement** – 315 Peffer St.-Harrisburg, PA 17102 – 717-233-8255/800-324-4453 – Weekdays 9:00 a.m. to 4:30 p.m. – provides mediation services to clients, despite inability to pay, in order to solve disputes between clients & landlords, businesses, employers, neighbors, etc.

## **VETERANS PROGRAMS AND SERVICES**

**Cumberland County Veteran's Affairs** - 20 N. Hanover St., 1<sup>st</sup> Floor, Suite 103 Carlisle 17013 – 717-240-6178  
1-888-697-0371 ext. 6178 - Information/referral services to veterans & their families. **Veterans Benefits Hotline** -1- 800-827-1000.

**Health Care for Homeless Veterans Program – Lebanon VA Medical Center** 1700 South Lincoln Avenue Lebanon 17042 1-800-409-8771 The program's goal is to reduce homelessness among Veterans by conducting outreach and bringing Veterans into treatment and rehabilitative programs.

**Lebanon VA Center-** 717-730-9782 - Provides medical help to veterans and social service programs and support.

**Volunteers of America Pennsylvania Supportive Services for Veteran Families** – 2112 Walnut Street Harrisburg 17013 – 717-236-1440 X16 Services provided: Case management for qualifying veterans/ veteran family for rapid rehousing or imminent risk of homelessness including: Potential temporary financial assistance to secure and stabilize housing, potential temporary assistance with utility costs; public transportation, referral services and assistance with employment services, veteran benefits and health care navigation. The organization serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties.

## **UTILITIES**

**Adams Electric** – 204 W. King St. Shippensburg 17257 – 717-532-2214/888-232-6732 - Adams Electric Help–Serving all area customers in Big Spring School District is [Neighbors in Christ](#)--- SCCAP in Chambersburg also provides possible financial help (717-263-5060 ext. 252). [For Complaints](#) – Call PA Legal Services at 1-800-732-3545

**Cumberland County Assistance Office** - 33 Westminster Drive Carlisle 17013 – 717-240-2700/800-269-0173 – A heating assistance program (LIHEAP) for low income households. Program runs from November thru March.



**LIHEAP/Crisis/Weatherization heat programs** – 3 programs for low income households offered by the County Assistance Office that normally operate from mid-November through March. Please contact the County Assistance Office at (717-240-2700/800-269-0173) November of each year.

**Lifeline Services** – Reduced monthly services available – call your local phone company.

**Metropolitan Edison (MET Ed)** electric – 800-545-7741 – \$ Help at New Hope Ministries (PCAP)-5228 Trindle Road Mechanicsburg 17050/717-766-7333

**PA American Water Company** – 1-800-717-7292 – New Hope Ministries – 717-766-7333 – provides possible financial help.

**Penelec** – 717-545-7741/800-962-4848 – provides electric services to customers in the Shippensburg area. **PCAP** – a program for low income customers (1-800-207-9276) or contact SCCAP, Chambersburg 717-263-5060. Can contact New Hope Ministries for Penelec assistance 717-766-7333.

**PPL Electric** - 1030 McClay St. Harrisburg 17103 – 1-800-342-5775

Contact for the following programs:

**Operation HELP** -A crisis program for good paying customers to assist with their electric bill (must not exceed 200% poverty guidelines).

**On Track** – A low income program (150% poverty guidelines) that helps with lower bill payments and debt forgiveness. Call the Tri-County Community Action at 717-232-9757 and ask for the On-Track Program for details.

**Public Utility Commission (PUC)** – 717-783-1740 (general) 800-692-7380 (terminations) 800-782-1110 (complaints)– Handles/oversees area customer utility complaints, i.e. electric, water, natural gas, cable, telephone.

**UGI** (natural gas) - 1500 Paxton St. Harrisburg 17104 – 717-234-5951/800-648-6280 (Harrisburg Customers) 800-609-4844 (Carlisle customers) **Programs: Customers Assistance Program (CAP)** formerly known as **LISHP**-must already be on a payment service. **LIURP** (Low Income Usage Reduction Program) if dwelling is heated by UGI, w/ landlord's permission, UGI will weatherize unit. Call 1-800-340-5394 to see if eligible. **Operation SHARE** – The Salvation Army of Harrisburg 717-233-6755 1122 Green Street Harrisburg, PA 17102.

**United Way of Carlisle & Cumberland County** – 145 South Hanover Street Carlisle 17013 – 717-243-4805 – **Oil, propane, kerosene, and wood pellets** – Individual must have proof of having applied for LIHEAP assistance and determination of approval/denial, proof of income, photo id, and past heating bill. Must be a resident of Carlisle, Boiling Springs, Mount Holly Springs, New Kingstown, Plainfield, or Newville and gross household income cannot exceed 200% Federal Poverty guidelines. Heating assistance programs opens November 1, 2019. *If 55 or over in age, refer to Todd Baird Lindsey Foundation (Stacie Nickel 717.486.4121).*

**Weatherization** - SCCAP Gettysburg 17325 - 800-451-9869 - Provides free or affordable aid low-income households with various home energy insulation benefits.

**\*\*Contact your local Borough or Township office to find out information on your sewer, water and trash utilities.**

## **CHILD CARE/PARENTING/FAMILY SUPPORTS**

**Alternative Behavior Consultants (ABC)**-224 S. Hanover Street, Carlisle, PA 17013-717-241-6870 or 1-866-470-8477 or at [www.abchelps.com](http://www.abchelps.com) Office open 9-12 M/W/F. Services provided 7 days a week in your home, at our Parenting Skills Center, or in a group format. ABC provides parenting education classes (various topics), in-home parenting support, reunification services, supervised visitation, anger management classes, and shoplifting prevention classes. The Mission is to strengthen families through parenting education and skill development, behavior change groups and therapeutic interventions.

**Big Brothers Big Sisters of the Capital Region** –717-236-0199; [www.capbigs.org](http://www.capbigs.org) Provides one to one professionally supported mentoring relationships to children ages 7-16 in Cumberland, Perry, Dauphin, and Lebanon Counties.

**Carlisle Area Family Life Center (formerly Birthright of Carlisle, Inc)** - 155 N. Hanover St. Carlisle 17013 – 717-243-1918 - Hotline: 1-800-848-LOVE; Open Monday, Wednesday, Friday & Saturday 10:00 am. to 1:00 pm., Tuesday 1:00 pm. to 5:00 p.m., Tuesday & Thursdays 7:00 pm. to 9:00 pm and Saturdays 10:00am-1:00pm (September- May) - A free, confidential, & non-judgmental pregnancy support service for women & children in need. A comfortable & safe atmosphere is offered. Caring volunteers offer ongoing support & encouragement along w/ free pregnancy tests and ultrasounds. A Learning and Earning for Expecting Moms parenting program, a Post-Adoption Support Group for birthparents and a play group every Thursday morning at 11am.

**Capital Area Head Start Call** 717-541-1795 for FREE PRESCHOOL programs in Carlisle, Middlesex, East Pennsboro, and Sporting Hill. We also offer a FREE Early Head Start programs for pregnant moms through age 3. We enroll all year long.

**Capital Area Intermediate Unit (CAIU)** 55 Miller Street Enola, PA 17025 717-732-8400 Fax 717-732-8414 [info@caiu.org](mailto:info@caiu.org)

**Capital Area Pregnancy Center** – 2515 Gettysburg Road, Camp Hill 17011 717-761-4411. Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, support groups & clothing etc... for baby & mother to be.

**Central PA Family Supports Services-** 717-614-0130 -providing emotional and social support to families and youth in Central Pennsylvania. Several programs are available such as the **Parent Support Program, Re-Entry Support Program, Education Re-Engagement Program, Supervised Visitation Program and Healthy Lifestyles Program.** <http://www.pafamilysupports.org>

**Childcare Consultants-** 701 Bosler Avenue Lemoyne 17043 717-210-3334 Serving Cumberland, Dauphin, Lebanon and Perry Counties. Supports families in finding and paying for quality child care and provides resources, training, and on-site technical assistance to help all types of early children education providers improve their programs to ensure that every child is successful in school and life. A non-profit child care resource and referral agency and funded through the PA Department of Human Services. Manages Child Care Works (CCW) Subsidized Child Care Program that assists eligible families paying for some or all of the child care costs incurred when they are employed and/or in training. [www.childcareconsultants.org](http://www.childcareconsultants.org)

**CUMBERLAND CARES for Families (Cumberland County Aging & Community Services)** –20 North Hanover Street, 3<sup>rd</sup> Floor, Carlisle, Pa 17013 – 717-240-6172. An in-home visitation program to support and educate parents of children (pre-natal to age 5). **Cumberland Cares for Families** focuses on the goals established by the parent(s)/or caregiver(s). Direct help with child development and parenting skills is offered along with information and support to access other social services to meet financial, medical, counseling, housing, legal, educational needs, etc...No fees!

**Cumberland/Perry Early Intervention** – 1615 Ritner Hwy Carlisle 17013 – 717-240-6320 8:00AM – 4:30PM Early Intervention consists of services and supports designed to help families with children who have developmental delays or disabilities. Early Intervention services can include information about how children develop, parent or caregiver education, family supports, and developmental and instructional therapies that assist in child developmental. Early Intervention builds upon the natural learning that occurs in the first few years. It is a process that promotes collaboration among parents, service providers and others who are involved with the child.

**Cumberland/Perry Intellectual & Developmental Disabilities** – 1615 Ritner Hwy Carlisle 17013 – 717-240-6320 8:00AM – 4:30PM Provides a variety of services to local citizens with intellectual and developmental disabilities. Supports coordination is available to eligible individuals and is the supportive process through which each individual's needs are defined. The supports coordinator identifies available resources, makes referrals on the person's behalf, and coordinates services for the individual with providers and community programs. *All services are contingent upon available funding.*

**Family Support of Central PA/Parenting and Teen Support/Education programs** – 800-984-9923 – Offers free weekly support groups to any parent who is overwhelmed and is motivated to strengthen their family relationships. Free childcare during group sessions. Separate Teens Together and Parents with Teens groups offer families an opportunity to improve communication and recognize signs of their behaviors and how they are affecting others.

**Healthy Baby Helpline** – 800-986-2229 –8:30am-4:30pm-A HelpinPA specialist will assist you in locating prenatal care providers, immunizations, car seats and needed baby supplies and can connect callers with a breastfeeding consultant.

**Healthy Kids Helpline** – Chip information, Free/reduced child immunization help. 1-800-986-5437  
M-F 8AM – 8PM and Saturday 9AM – 3PM; [www.helpinpa.state.pa.us](http://www.helpinpa.state.pa.us)

**Nurse-Family Partnership at UPMC**-2645 North 3rd St, 3rd floor, Harrisburg PA 17110 Phone: 717-782-2335 <https://www.nursefamilypartnership.org/first-time-moms/> Registered Nurses are partnered with first time pregnant, income eligible women living in **Cumberland, Perry, Dauphin, Franklin and Lebanon** Counties, beginning early in pregnancy, and continuing until the first baby turns two years old. Home visits provide education, support, and advocacy. Nurses focus on the strengths of the family in order to achieve a healthy pregnancy outcome, optimal child health and development and economic self-sufficiency. The schedule and content of visits is tailored to the client. (Some clients who have had other children may also be eligible. Please call for more information.) This service is free and voluntary.

**Planned Parenthood at the Harrisburg Medical Center** 1514 North Second Street Harrisburg 17102 - 717-234-2468  
Language interpreter services available. Hours: Mondays 11:00AM-7:00PM, Tuesdays 8:00AM-3:00PM (appt. only, no walk-ins), Wednesdays 9:00AM-4:00PM, Thursdays 8:00AM-3:00PM (appt. only, no walk-ins), and Friday 9:00AM-4:00PM.  
**Services available:** Abortion, Birth Control, HIV Services, LGBTQ Services, Men's Health Care, Morning After Pill (Emergency Contraception), Pregnancy Testing & Services, Primary Care, STD Testing, Treatment & Vaccines, and Women's Health Care.

**Pressley Ridge** - 331 Bridge St. New Cumberland 17070 – 717-774-3673 Weekday Hours: 8:00 a.m. to 5:00 p.m. – Offers in-home parenting training & center-based parent support groups.

**Pregnancy Resource Center of Camp Hill** – 2515 Gettysburg Road, Camp Hill 17011 – 717-761-4410. Provides free 1<sup>st</sup> trimester sonograms, pregnancy testing. Also completes limited STD testing, Support groups, options counseling, and other supportive counseling is available. Pregnancy clothing and baby size clothing newborn thru 9 months is offered. Office hours are Monday, Wednesday & Thursday 9:00 am. to 5:00 pm. Thursday 6:00 pm. to 8:00 pm. & Friday 9:00 am. to 3:00 pm.

**PMI Pregnancy Resource Center** –20 E. Burd Street Shippensburg 17257 – 717-532-4446-Offers free services for the following: pregnancy tests, limited STD testing/treatment, ongoing supportive/education services for moms to be. Material support with baby bucks earned through our education program. Referrals for a first trimester ultrasound. Limited emergency supplies for diapers and formula. <http://pmipregnancycenter.org>

**Pathway of Hope** is a program for families motivated to give their children better chances in life than they had. Families partner with a dedicated case manager to identify their goals & develop a personalized action plan. Pathway of Hope offers a holistic approach in which families are connected with services, enjoy a network of supports, and gain a sense of community with others who are also challenging themselves to create a better future for themselves and their children. Contact Kristina Kennedy at 717-249-1411 Ext 137.

**Shippensburg Head Start Program** - Grove Spiritual Center 1871 Old Main Drive Shippensburg 17257 717-477-1626  
Monday thru Friday 7:30 AM-4:00PM. The program serves pregnant mothers, infants, and children ages 0-5. No fee. Program includes Early Head Start, Head Start and Pre-K Counts. Center-based and home based programs assist enrolled families with education, health and social services, nutrition services and special needs services. Areas served: Shippensburg, Newville, Carlisle, and South Middleton school districts.

**United Cerebral Palsy of the Capital Area** – 717-737-3477 - Provides services to children & adults w/ special needs.

**YWCA** - 301 G St. Carlisle 17013 – 717-243-3818 - Weekdays 8:30am-4:30pm - Provides Carlisle area parents w/ on site parenting classes on a sliding fee scale. Financial budgeting classes are available to those who pre-register. Scholarships are available to cover fees for those who cannot pay. Evening classes are available at times. Child care is available. YWCA support groups include: ADD Support Group, Rape Crisis Services, various recreation programs & summer camp programs.

## **BUDGETING/FINANCIAL COUNSELING**

**Advantage Credit Counseling**—River Park Commons, 2403 Sidney Street, Suite 400 Pittsburg, PA 15203 1-866-699-2227  
Free debt counseling. Offers financial counseling & reasonable payment agreements made between you & collectors. Bills consolidated to one monthly payment. [www.advantageccs.org](http://www.advantageccs.org)

**MARANATHA** (Financial Counseling Services – Carlisle) – 20 North Hanover Street, Suite 202 P.O. Box 1320 – Carlisle 17013 Phone: 717-258-1000 / Fax #: 717-218-9858 [information@maranatha-carlisle.org](mailto:information@maranatha-carlisle.org) [www.maranatha-carlisle.org](http://www.maranatha-carlisle.org)  
 Tuesday, Wednesday, Thursday: 9AM – 3PM. Provides financial guidance for those unable to pay their bills for themselves. We help establish a budget that takes care of priority needs such as shelter, utilities, medication, and personal needs. Depending on the situation, we become the representative payee, fiduciary, or financial custodian and use the client's income to pay the bills for them so they have peace of mind and financial stability. We also offer a financial literacy program that teaches the basics such as budgeting, balancing a checkbook, etc. and provides a mentor to help apply concepts taught in the program.

## **REFERENCES**

**Cumberland County Courthouse Offices** – 1 & 2 S. Hanover St. Carlisle 17013 – 717-240-6100/717-697-0371 ext. 6100/717-532-7286 ext. 6100 - Main offices & information on County agency locations. Weekday Hours: 8:00 a.m. to 4:30 p.m. [www.ccpa.net](http://www.ccpa.net)

## **LIBRARIES**

<b>Amelia S. Givin Free Library</b>	144 N. Baltimore Ave. Mt. Holly Springs 17065	717-486-3688
<b>Bosler Memorial Library</b>	158 W. High St. Carlisle 17013	717-243-4642
<b>East Pennsboro Library</b>	98 S. Enola Drive Enola 17025	717-732-4274
<b>Fredricksen Library</b>	100 N 19 <sup>th</sup> Street Camp Hill 17011	717-761-3900
<b>John Graham Public Library</b>	9 Parsonage St. Newville 17241	717-776-5900
<b>Simpson Public Library</b>	61 N. Walnut St. Mechanicsburg 17055	717-766-0171
<b>New Cumberland Public Library</b>	1 Benjamin Plaza New Cumberland 17070	717-774-7820
<b>Shippensburg Public Library</b>	73 W. King St. Shippensburg 17257	717-532-4508

**Free Library of Philadelphia, Library for the Blind and Physically Handicapped:**

215-683-3217 or 1-800-222-1754 or [www.freelibrary.org/lbph](http://www.freelibrary.org/lbph) 919 Walnut St., Philadelphia, PA 19107

Offers a wide variety of services both on site and through the mail for persons with disabilities throughout Pennsylvania.

**STAR (Service to Adult Readers)** – 717-240-7771; STAR provides homebound adults with free, personalized selection and delivery of books, large print books, books –on-CD, music CDs and DVDs. Adult residents of Cumberland County (and the portions of Franklin County which are located in the Shippensburg Area School District) who are unable to visit their public library regularly due to age, chronic illness or disability are eligible for this service. Visits occur typically once every 4-6 weeks by the same volunteer where a friendship can develop. No charge to the homebound participant or to the volunteer to participate in this service. An application process to participate in this service is required. Volunteers must complete an initial orientation and training before they begin to serve a specific homebound participant.

<https://www.cumberlandcountylibraies.org/STAR>

## **CUMBERLAND COUNTY SENIOR CENTERS**

**Big Spring Senior Center – 8:00 - 3:30**

91 Doubling Gap Road  
 Newville, PA 17241

**Director:** Cathy Graver

**Phone:** 717-776-4478

**E-Mail:** [Bigspringseniorcenter@gmail.com](mailto:Bigspringseniorcenter@gmail.com)

**Website:** <http://bigspringseniorcenter.weebly.com/>

**Carlisle Senior Action Center – 9:00 - 2:00**

20 East Pomfret Street  
 Carlisle, PA 17013

**Director:** Teresa Goodliff

**Phone:** 717-249-5007

**E-Mail:** [Teresa.Goodliff@USE.SalvationArmy.Org](mailto:Teresa.Goodliff@USE.SalvationArmy.Org)

**Mary C. Schaner Senior Center – Enola Senior Center – 8:00 - 3:00**

98 South Enola Drive

Enola, PA 17025

**Director:** Terry Magaro

**Phone:** 717-732-3915

**E-Mail:** [tmagaro@eastpennsboro.net](mailto:tmagaro@eastpennsboro.net)

**Website:** [https://cms9.revize.com/revize/eastpennsborotwp/residents/schaner\\_adult\\_center/index.php](https://cms9.revize.com/revize/eastpennsborotwp/residents/schaner_adult_center/index.php)

**Mechanicsburg Place – 8:30 - 3:00**

97 West Portland Street

Mechanicsburg, PA 17055

**Manager:** Nori Hoffman

**Phone:** 717-591-5581

**E-Mail:** [nhoffman@MessiahLifeways.org](mailto:nhoffman@MessiahLifeways.org)

**Website:** <https://www.messiahlifeways.org/live-well/senior-center/mechanicsburg-place>

**Branch Creek Place – 8:30 - 3:00**

115 North Fayette Street

Shippensburg, PA 17257

**Manager:** Diana Nazario

**Phone:** 717-300-3563

**E-Mail:** [Diana.Nazario@mennohaven.org](mailto:Diana.Nazario@mennohaven.org)

**Facebook Page:** <https://www.facebook.com/branchcreek.place.58>

**West Shore Senior Citizens Center – 8:00 - 4:00 Monday-Thursday & 8:00 - 2:00 Fridays**

122 Geary Avenue

New Cumberland, PA 17070

**Director:** Cathy Foose

**Phone:** 717-774-0409

**E-Mail:** [cfoose@vnaahs.com](mailto:cfoose@vnaahs.com)

**Facebook Page:** <https://www.facebook.com/122WSSC>